



## Cancer Survivorship Support Group

**Date:**

Last Wednesday  
of the month

**Time:**

12 to 1 p.m.

**Location:**

Virtual (Zoom)  
*(the Monday before the  
meeting, a Zoom link with  
instructions on how to join  
will be sent to participants)*

At Memorial Hermann, we understand how crucial it is to have support during your cancer journey. That's why Memorial Hermann Cancer Survivors are invited to join our monthly online support group featuring our team of specialists who will offer insight on a variety of topics related to survivorship.

This support group was created to:

- Allow survivors to connect virtually
- Offer helpful resources and information to common topics related to cancer survivorship
- Offer hope and empowerment
- Provide a space for patients to connect with others who have similar experiences

**Facilitators:**

**Melita Benning MBA, BSN, RN**

Oncology Nurse Navigator

Memorial Hermann Southwest

Melita.Benning@memorialhermann.org

**Dana Howell-Perkins MS, BS**

Oncology Wellness Program Coordinator

Lindig Survivorship Center

To register or for more information, contact or email

[Lindig@memorialhermann.org](mailto:Lindig@memorialhermann.org) , 713.242.2848.

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Cancer Center